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**TURN YOUR  
DAYDREAMS  
INTO  
REACHABLE  
GOALS!**

PAGE 52

**FROM LONGSHOT  
TO BIGSHOT  
REGULAR KIDS:  
BIG SUCCESSES**

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**WHY CHANGE?  
THE POWER  
OF HONOR**

# HONOR ACADEMY

## **CHARACTER**

**WHO ARE YOU,  
WHEN NO ONE IS LOOKING?**

## **HONOR**

**WHY DO THE RIGHT THING?**

## **ACCOUNTABILITY**

**BUILDING & KEEPING  
A GOOD REPUTATION.**

## **SACRIFICE**

**HOW TODAY'S CHOICES  
WILL MAKE OR BREAK YOU**

## **EXCELLENCE**

**DOING BETTER THAN  
"JUST GOOD ENOUGH"**

**CHASE.  
YOUR DREAMS!**

WRITTEN & COMPILED BY: SHELLEY EDWARDS AND TONY  
RORIE AND OTHER MEMBERS OF THE TMLOH TEAM  
EDITOR/DESIGNER: SHELLEY EDWARDS  
ASST. EDITOR/DESIGNER: SARAH EDWARDS

HONOR ACADEMY, A CHARACTER  
EDUCATION PROGRAM FOR  
STUDENTS 4TH-9TH GRADE

**VOLUME ONE**  
**U.S. ISSUE**

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TELL US ABOUT YOUR JOURNEY!

TWEET, FACEBOOK OR INSTAGRAM  
#WHATHONORMEANS2ME  
@HONORACAD

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A CHARACTER EDUCATION PROGRAM  
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# COURAGEOUS LEADERSHIP STARTS HERE → HONOR ACADEMY

You are about to begin an amazing journey—from ordinary to extraordinary.

This is no ordinary class, not just another book--it's your guide to your greatest personal quest—a mission—to conquer your fears, your bad habits, and everything else that might hold you back from the awesome future you were meant to have.

As you work your way through each level toward becoming an Honor Academy graduate, remember this:

You will get out of it what you put into it.

You are responsible for your own success—and we are going to break it down for you, to help you find your way to the top!

Challenge levels to complete:

- Character
- Honor
- Accountability
- Sacrifice
- Excellence

You have six lessons in every level, with journaling and goal pages to keep you sharp and on track.

IN EVERY CHAPTER, YOU WILL FIND:

## THE STORY

ABOUT REAL PEOPLE WITH REAL PROBLEMS

## GROUP CHAT

SOME SERIOUSLY DEEP QUESTIONS

## LEVEL UP

A PERSONAL CHALLENGE—TAKE ACTION!

## MISSION

PUZZLES AND GAMES WITH PURPOSE

As you go, look for these trail-markers, too:

### PINE TREE BRANCHES

Things to study, discuss and learn.



### CARABINER CLIPS

Personal challenges to make you sharper & stronger



### BINOCULARS

People, places and things to discover and research.



### PINE CONES

Things to think about, deeply, then journal



# EXCELLENCE

IF I'M REALLY SICK OF HAVING SECOND BEST, I'M GOING TO STOP SETTLING FOR A SECOND-BEST INTO IT WHAT I WANT TO GET OUT OF IT. THIS ISN'T ABOUT WHAT OTHERS EXPECT OF ME, IT'S SERIOUS GOALS FOR MYSELF, AND AM STICKING TO THEM, NO MATTER WHAT. I REALIZE MY DREAMS THEM TO HAPPEN, I HAVE NO RIGHT TO DEMAND WHAT I HAVE NOT WORKED FOR. IT'S ALL UP TO

# SACRIFICE

I WON'T GIVE UP MY PRINCIPLES, AND I WON'T GIVE UP MY DREAM. BUT THERE ARE A LOT OF TO STUDY. I'LL GIVE UP SOME PRANKS AND GAMES TO TAKE CARE OF MY RESPONSIBILITIES. I'LL SUCCESS. I'LL GIVE UP FEELING SORRY FOR MYSELF, AND GET UP AND DO SOMETHING TO MAKE HOLDING ME BACK FROM ACHIEVING MY DREAMS, BECAUSE I'LL TAKE A GOOD TRADE LIKE THAT PURSUE BEING A SUCCESS. I'LL GIVE UP BEING COMFORTABLE TO BE THE BEST AT WHAT I DO.

# ACCOUNTABILITY

I NEED TO SET A GOOD EXAMPLE FOR MY FRIENDS, FOR MY LITTLE BROTHER AND SISTER... I AM WHO I SAY I AM. WHEN I MESS UP, I NEED TO OWN IT. I NEED TO APOLOGIZE. I NEED TO CHARACTER ALWAYS DOES. I HAVE GOALS. I HAVE DREAMS. I KNOW WHAT IT WILL TAKE, SO I NOT JUST ABOUT GOOD REPORT CARDS AND STAYING OUT OF TROUBLE, IT'S ABOUT BEING A MYSELF. I HAVE TO LOOK MYSELF IN THE MIRROR EVERY DAY FOR THE REST OF MY LIFE, AND I ME, I WANT THEM TO SEE SOMETHING THEY WANT TO BE, TOO. I WANT TO BE RESPECTED --

# HONOR

HONOR IS THE DEEPEST, TRUEST, MOST SOLID KIND OF RESPECT. IT COMES FROM THE HEART -- NO ONE CAN TAKE AWAY MY HONOR. IT CAN'T BE CHEATED, STOLEN, OR FORCED AWAY FROM ME. NO MATTER HOW BIG THE CHALLENGE, HOW SHATTERED THE DREAM, HOW DEEP THE HEARTBREAK

# CHARACTER

WHAT KIND OF PERSON AM I WHEN NO ONE IS LOOKING? GOOD, I HOPE, BECAUSE JUST WHEN YOU FOR REAL. REAL CHARACTER TAKES COURAGE, COURAGE TO DO WHAT'S RIGHT, JUST BECAUSE IT'S YOUR PROMISES, ALWAYS. I WILL HAVE COURAGE TO SPEAK UP, WHEN NOBODY WILL SAY A WORD. ELSE IS OK WITH JUST LEAVING THINGS THE SAME. COURAGE TO STAND UP FOR OTHERS, AND HERO WHEN THEY NEED IT. CHARACTER GETS TESTED, AND SOMETIMES IT FAILS, BUT I HOPE MY REALLY TOUGH TO DEAL WITH. MY CHARACTER WON'T BEND BREAK UNDER PRESSURE, BECAUSE

# THE 5 STEPS TO SUCCESS

EFFORT. IN EVERYTHING I DO, I'M GOING TO PUT ABOUT WHAT I EXPECT OF MYSELF. I HAVE SET SOME WON'T JUST BE HANDED TO ME; IF I REALLY WANT ME. IF I WANT THE BEST, I'LL DO MY BEST.

THINGS I WILL GIVE UP. I'LL GIVE UP SOME FUN GIVE UP BEING A SLACKER, AND TRADE IT FOR THINGS BETTER. I'LL SACRIFICE ANYTHING THAT'S ANY DAY. I'LL GLADLY SACRIFICE FITTING IN TO I'LL GLADLY GIVE UP BEING WEAK TO BE STRONG.

KNOW PEOPLE ARE WATCHING ME TO SEE IF I REALLY MAKE IT RIGHT. THAT'S WHAT A PERSON OF REAL HAVE SET SOME EXPECTATIONS FOR MYSELF. IT'S BETTER PERSON, BECAUSE I HAVE TO LIVE WITH WANT TO LIKE WHAT I SEE. WHEN OTHERS LOOK AT TO EARN IT, TO KEEP IT, AND TO SHOW IT.

AND IT HAS EVERYTHING TO DO WITH WHO I AM. I MAKE MY OWN CHOICES, AND I CHOOSE TO KEEP IT, -- IT IS I AM, TO THE CORE. IT IS PRICELESS.

THINK NO ONE IS LOOKING, THEY ARE. I WANT TO BE THE RIGHT THING TO DO. COURAGE TO BE TRUE TO COURAGE TO MAKE A DIFFERENCE, WHEN EVERYONE COURAGE TO SIT DOWN AND LET SOMEONE ELSE BE THE CHARACTER WILL PASS THE TEST WHEN THINGS GET WHEN THE GOING GETS TOUGH, THE TOUGH GET GOING.

Whether you are chasing your dream to be a professional football player, musician, movie star, or world class chef, the first thing you need to know is you will never make it happen without self discipline. That means YOU are in charge of your future, if you want to be. You don't have to be defined by your past mistakes, where you came from, what you've always been doing, or what people say about you. You can start today, to change things, with some self-discipline.

It means giving up some little things now, for the big thing you say you want later. It means giving that extra effort, taking things seriously, and knowing when it's time to have enough courage to go against the flow and do what's right -- and what's best -- not just what everyone else is doing.

If you really want to, you can make your future add up to something better than you thought. There are five parts of that equation:

CHARACTER  
+  
HONOR  
+  
ACCOUNTABILITY  
+  
SACRIFICE  
+  
EXCELLENCE

"CHARACTER IS MUCH EASIER KEPT THAN RECOVERED."



THOMAS PAINE

# THE AXIOMS

WHAT IS AN AXIOM???

## Axiom

[ak-see-uhm]

Noun

1. a self evident truth that requires no proof.

2. a universally accepted principle or rule.

## Why do we have to say them out loud?

Because words are powerful.

Words can...

- reshape your opinion of yourself
- reshape your opinion of others
- reshape your attitude about your situations
- reshape your outlook on problems

Words can make you or break you.

Words reveal who you are now, but they can also help you become who you want to be.

Words are like the bit between the teeth of a wild, powerful stallion, or a simple rudder on a big boat.

They are the little things that can steer you into success--if you take charge -- or disaster -- if you don't.

If you can master the skill of controlling your words, you can conquer anything. If you can't control your words, they will control you.

By taking charge of the things you say, you take charge of your future.

Reciting these Axioms is an exercise in that skill--a drill! What is the purpose of exercise?

Unscramble the phrases to find out.

CETPICRA MSAEK CEEPRFT

IT LIUSDB RESTGNHT

LPSEH UYO TRCEA YKLCQVI, HET HGRTI WYA



**I AM A LEADER**

**I LIVE WITH HONOR**

**I DO THE RIGHT THING**

**BECAUSE IT IS THE  
RIGHT THING TO DO**

**I AM RESPONSIBLE**

**FOR MY OWN SUCCESS**

**MY WORD**

**IS MY BOND**

**MY ATTITUDE**

**IS MY CHOICE**

**I HELP OTHERS**

**CHASE THEIR DREAMS!**

**CHASE IS...**

**CHARACTER**

**HONOR**

**ACCOUNTABILITY**

**SACRIFICE, AND**

**EXCELLENCE!**

THIS IS ABOUT ME..



MY FAVORITE PLACE TO BE:

BECAUSE....

MY FAVORITE 5 THINGS TO DO:

I AM REALLY GOOD AT...

3 THINGS I WISH I WOULD NOT DO & WHY

SAMPLE

SAMPLE

SAMPLE

SAMPLE

SAMPLE

SAMPLE

SAMPLE

SAMPLE

# AXIOMS: LET'S BREAK



## ANATOMY OF THE AXIOMS

**I AM A LEADER  
I LIVE WITH HONOR**

NUMBER ONE, DEFINE YOURSELF,  
SHOUT IT OUT LOUD!

**I DO THE RIGHT THING  
BECAUSE IT IS THE  
RIGHT THING TO DO**

NUMBER TWO: MAKE IT CLEAR -  
WHAT'S THE POINT?  
WHAT'S THE GOAL?

**I AM RESPONSIBLE  
FOR MY OWN SUCCESS**

NUMBER THREE: START RIGHT NOW: WHAT DO  
YOU WANT? YOU'VE GOT TO "OWN IT"

**MY WORD  
IS MY BOND**

NUMBER FOUR: BE HONEST  
WITH OTHERS AND WITH YOURSELF. KEEP YOUR PROMISES

**MY ATTITUDE  
IS MY CHOICE**

NUMBER FIVE: MAKE IT A GOOD DAY.  
IT'S UP TO YOU TO DO THAT.

**I HELP OTHERS  
CHASE THEIR  
DREAMS!**

NUMBER SIX: SET THE EXAMPLE, BE THE LEADER AND OTHERS WILL  
FOLLOW. INSTEAD OF GOING WITH THE FLOW,  
YOU CAN BE THE CHANGE THAT YOU WANT TO SEE.

**CHASE IS...**

NUMBER SEVEN: THIS IS THE FORMULA FOR SUCCESS --  
THESE ARE WHAT YOU SHOULD PURSUE:

**CHARACTER  
HONOR  
ACCOUNTABILITY  
SACRIFICE, AND  
EXCELLENCE!**

FIVE THINGS THAT WILL NEVER LET YOU DOWN  
IF YOU MAKE THEM YOUR PERSONAL STANDARD  
EVERY SINGLE HOUR, EVERY SINGLE DAY,  
BECAUSE HONOR IS A 24/7 THING..



# KIT DOWN...

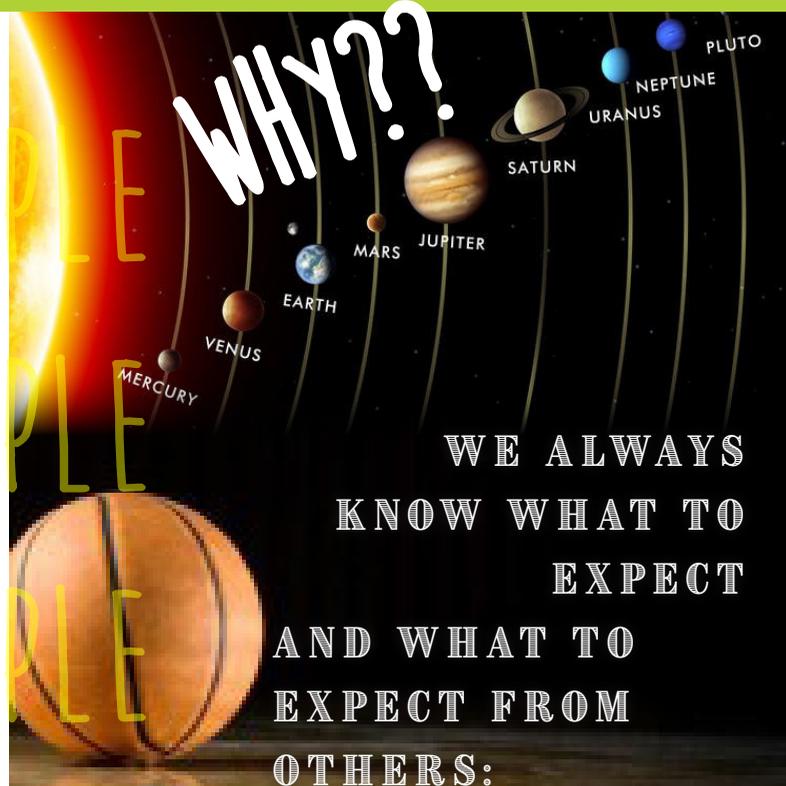
Whatever you want to do with your life, you live on the planet Earth, and this planet has rules that regulate how it works. The law of gravity makes things fall when they are dropped; the planets rotate and orbit on set paths, at set times, the lakes evaporate and turn to rain, then return to the ground, over and over, all these things are in constant motion, in a very particular order.

In all the things we do, especially as a group, order is necessary. What would a game of basketball be like, if everyone made up their own rules? What would happen (and does happen, every day) on our streets and highways, if everyone just did what they wanted, no matter if the light was red or green, or where the lines on the road were? What if your dentist wasn't really a trained, educated, tested, licensed dentist? Just a random guy who decided he wanted to dig around on your teeth with a drill to see what happens. YIKES!

Admit it, we need rules. They aren't just there to get on our nerves, take all the fun out of everything, and get us in trouble. Rules, laws, regulations, boundaries...these are all things we NEED to be sure we know what is expected of us, and what to expect of others.

## RULES & BOUNDARIES

WHY??



WE ALWAYS  
KNOW WHAT TO  
EXPECT

AND WHAT TO  
EXPECT FROM  
OTHERS:

ORDER  
NOT CHAOS,

RESPECT,  
NOT RUDENESS,

SAFETY, NOT  
RECKLESSNESS,

EXCELLENCE,  
NOT SLACKING  
OR CHEATING.





# THE SHIRT



TO EARN YOUR OFFICAL HONOR ACADEMY SHIRT, YOU MUST MEMORIZE THE AXIOMS, AND BE ABLE TO LEAD THEM WITH CONFIDENCE!

I EARNED MY SHIRT ON:

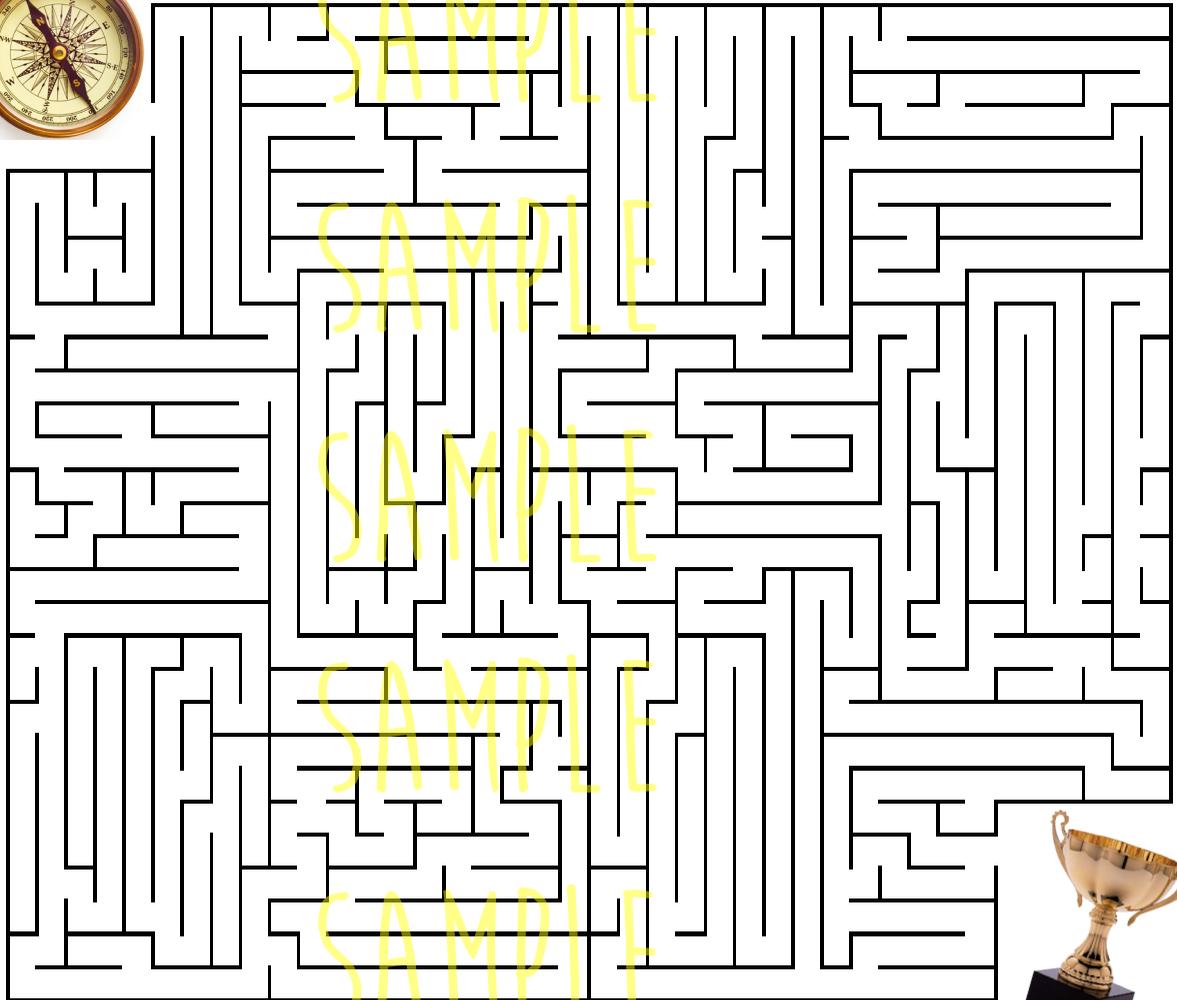
-----  
(DATE)

-----  
(LEADER)

## HONORABLE CHOICES ARE WINNING CHOICES

### THE COMPASS

FOR THOUSANDS OF YEARS (SINCE ABOUT 220 BC), EXPLORERS AND TRAVELERS HAVE USED THE COMPASS TO STAY ON COURSE. AT SEA, IN THE DESERT, OR IN THE MOUNTAINS, ANYWHERE IN THE WORLD, THE ARROW'S MAGNET SHOWS WHICH WAY IS NORTH. THAT'S WHAT IT IS LIKE USING HONOR AS YOUR GUIDE. IT IS ABSOLUTE-- UNCHANGING -- RELIABLE, AND ALWAYS POINTS YOU THE RIGHT WAY.



# SMART GOALS

Have you ever wondered how athletes make it to the Olympics, how writers get published, how people start and succeed at building their businesses?

If you want to grow or achieve anything, you have to set goals. Not just wishes, wants or dreams...but something real. To make things happen, you have to set "SMART GOALS."

This requires a REAL strategy, and here it is:

Successful people have a few things in common, but one of them is this: They set SMART Goals.

1. They consider all the costs and benefits of every goal.
2. They take time to carefully and thoroughly research and plan.
3. Then, they schedule time to work on achieving them, week after week, without letting up, until they can say, "I did it!"

It won't be easy, but it will be worth it, when you look back and see what you have been able to accomplish, using your SMART goals!

There will be some sacrifices to make, and you will need to decide, up-front, which ones you

are willing to make, and keep making, no matter what.

Now, sit down and make a list of three things you really want to accomplish in the near future. These are called short-term goals.

Be SPECIFIC

by answering the following questions on each one: who, what, when, where and why.

It helps to make a chart for each goal, like the one on the next page.

Next, think about how you could actually MEASURE each of those accomplishments. How will you KNOW you have done it?

Ask yourself whether each goal is ATTAINABLE. For instance, if you want to be the next King of England, but you are nowhere near the royal line of succession (not even a distant cousin), that goal is not attainable.

Then decide if each goal is RELEVANT. Will this matter to your future?

Finally, make it time-bound. Set deadlines for each step, and the final big win.

## WHAT IS A "SMART GOAL"?

Setting SMART GOALS is a method successful people use to stay focused and achieve their goals.

SMART stands for:

### SPECIFIC

Who, what, when, where, why, and how are you going to do it?

### MEASURABLE

How will you know when you have reached your goal?

### ATTAINABLE

Is this something that's really in your power/ability to do?

### RELEVANT

How does this fit into your life now, or your future plans?

### TIME-BOUND

What is your deadline for making this happen?

# SCAVENGER HUNT!

HEY, ADVENTURER! Let's add a challenge into the mix. As you go through the Honor Academy Magazine, look for the following objects.

Keep a sharp eye out through every page, and note the page number next it, when you find it. We hope you can find them all!!

HOW MANY U.S. FLAGS CAN YOU FIND? \_ \_



A PIZZA



A PIGGY BANK



A SHOE LIKE THIS

HOW MANY PAIRS OF SHOES/FEET DID YOU FIND? \_ \_  
LIST THE PAGES:

SAMPLE



AN ERASER

SAMPLE



A FOOTBALL

THE COMPASS



HOW MANY MAZES DID YOU SOLVE?  
\_ \_

SAMPLE

THE CRYING MEME



CAN YOU LIST ALL 3 MUSICAL INSTRUMENTS PICTURED ?



A STOPWATCH

SAMPLE



SOME BERRIES



A DRONE

SAMPLE



THE GOOD CITIZENSHIP MEDAL

SAMPLE

LIST 3 AMERICAN  
HEROES FEATURED  
IN THIS BOOK:



A FLASHLIGHT



A SOCCERBALL



A BROOM



2  
TROPHIES



RANDOM  
CHEESEBURGER

A SLICE OF PIE



SAMPLE



A STICKY  
NOTE

SAMPLE

SAMPLE

LIST ALL THE NEW  
WORDS YOU LOOKED UP:

SAMPLE

SAMPLE

SAMPLE

SAMPLE

SAMPLE

**CAUTION**

**BUDDY SYSTEM  
IS REQUIRED  
FOR ENTRY**

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There is nothing harder than taking on a new challenge all by yourself.

There is also no better way to ensure your success, than to pick a good, reliable, trustworthy ACCOUNTABILIBUDDY to take this journey with you.

That's a big word, because it's a big responsibility. A good accountabilibuddy is someone you can trust and depend on, someone who promises to be loyal to you. You can talk to them about your problems and goals, and they will keep it all confidential, as if you have asked them to guard a treasure -- because that's exactly what you are asking them to do. You have to listen to them, too. When you've set a goal to do better, and he catches you slipping or slacking, it's his job to tell you the truth and point it out, for your own good.

Choose carefully. Then both of you can sign the ACCOUNTABILIBUDDY PACT on Page 84

“THE ACCOUNTABILIBUDDY”



# MY SMART GOALS

Use a couple of pieces of scratch piece of paper to work out the details on the previous page, then map out your goal-setting plan here. Start a journal & make it a habit to write about your goals every day, so that you stay focused on them.

Working on them a little at a time, on a regular, steady basis, is the only way to make them happen.

Your goals won't be the same as your friends' goals, but you can encourage (and bug) each other to stay on track--and you should!

SAMPLE GOAL TO BE THE FIRST IN MY FAMILY TO GRADUATE FROM COLLEGE & TRAVEL THE WORLD!

I CAN DO BOTH AT THE SAME TIME IF I CAN GET INTO A SUMMER ART PROGRAM IN FRANCE THAT I READ ABOUT.

BY MY 22ND BIRTHDAY

ACTION LIST: 1-FIND OUT WHAT COLLEGES NEAR ME OFFER SUMMER PROGRAMS IN EUROPE. 2-GET PASSPORT 3-KEEP GRADES WAY, WAY UP! 4-TAKE SOME ART CLASSES IN H.S.? 5. GET A JOB TO SAVE UP FOR TRIPS 6. TAKE FRENCH!

**GOAL #1** TO \_\_\_\_\_

BY \_\_\_\_\_

ACTION LIST: \_\_\_\_\_

MORE THINGS TO RESEARCH:  COST  REQUIREMENTS  TIME COMMITMENT  
 TRAINING  EDUCATION  TRAINING  MENTORS

**GOAL #2** TO \_\_\_\_\_

BY \_\_\_\_\_

ACTION LIST: \_\_\_\_\_

MORE THINGS TO RESEARCH:  COST  REQUIREMENTS  TIME COMMITMENT  
 TRAINING  EDUCATION  TRAINING  MENTORS

**GOAL #3** TO \_\_\_\_\_

BY \_\_\_\_\_

ACTION LIST: \_\_\_\_\_

MORE THINGS TO RESEARCH:  COST  REQUIREMENTS  TIME COMMITMENT  
 TRAINING  EDUCATION  TRAINING  MENTORS



# A PERSONAL GOAL

IF I COULD PICK ONE HABIT THAT GETS IN THE WAY OF MY SUCCESS, GETS ME IN TROUBLE, SLOWS ME DOWN, OR HOLDS ME BACK, IT IS:

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3 WAYS I CAN CHANGE THAT HABIT:

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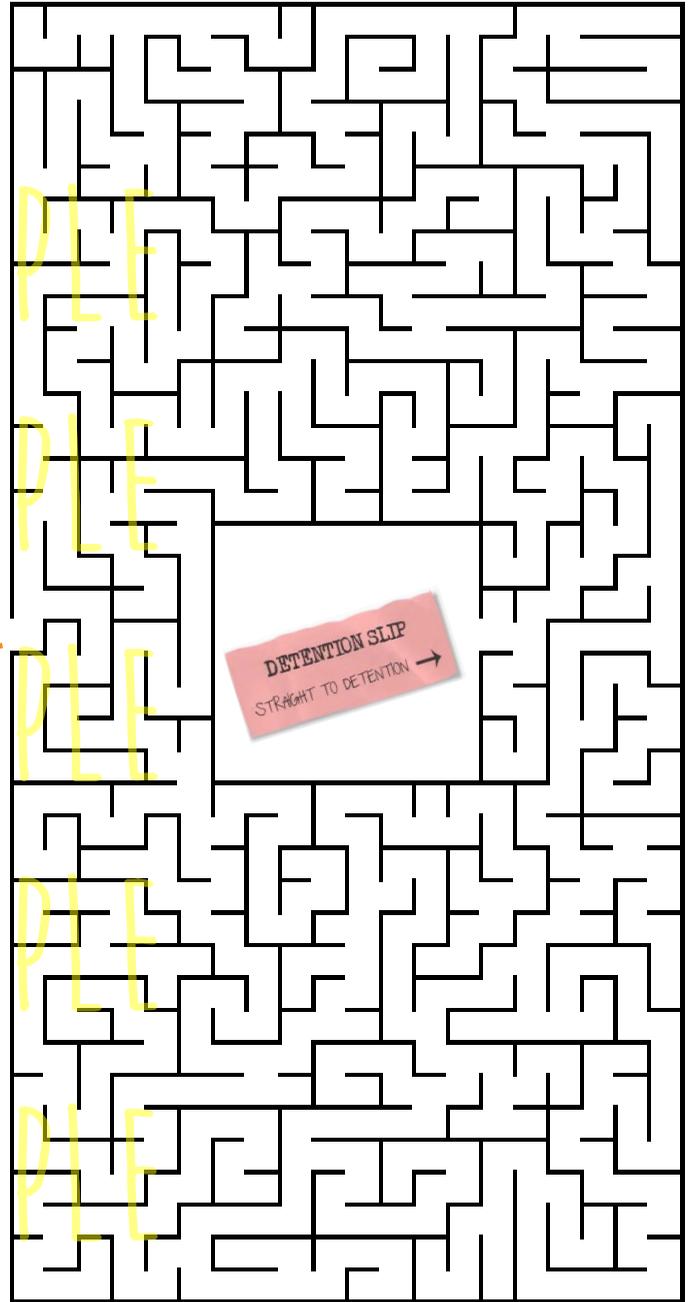
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NOW, PICK A GOOD FRIEND YOU CAN TRUST, AND TELL HIM/HER ABOUT THIS PERSONAL GOAL. ASK FOR HELP TO STAY ON TRACK & BEING SUCCESSFUL WITH THIS PERSONAL GOAL. A PARENT, TEACHER, OR BIG SISTER OR BROTHER WOULD BE A GOOD CHOICE, TOO -- AND THEY MIGHT HAVE SOME GREAT ADVICE ON HOW TO MEET THE GOAL, TOO!



Break out of the "SHAME" trap -- that never-ending circle of detentions, groundings, and frustration....start now, by figuring out what it is that got you there, and weave your way back to that good citizenship award -- it can be yours! You just need that 5-element formula for success: Character, Honor, Accountability, Sacrifice and Excellence.

IT'S WHO YOU ARE WHEN NO ONE IS LOOKING

# WHAT IS CHARACTER?

A person's character is made up of his or her specific set of moral qualities -- what you believe to be right and wrong, what is worth defending or not, what is worth giving up, or not...the standards and boundaries that you believe in, regardless of what other's think or feel about it.

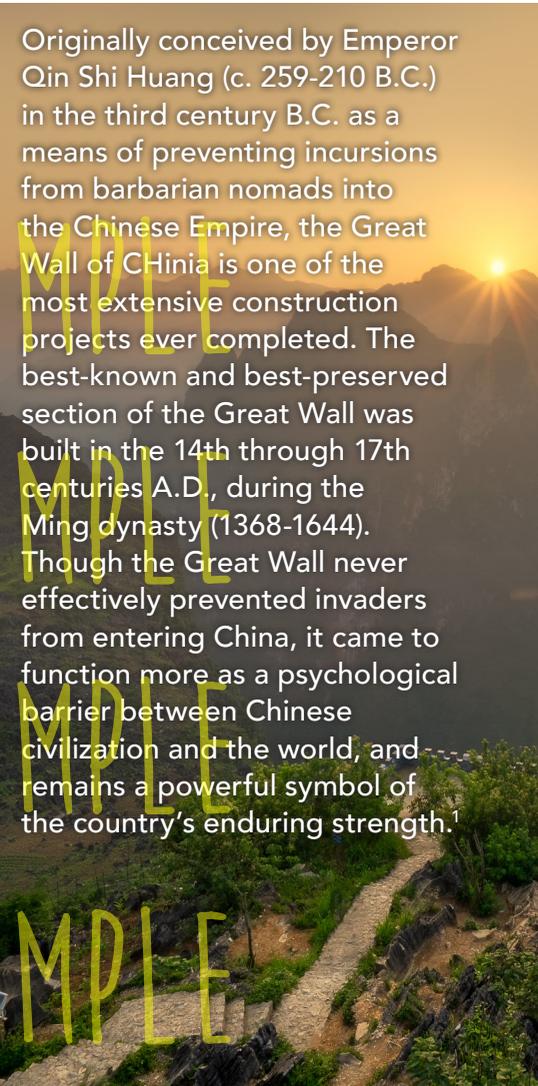
Character is a set of values that determine your actions, thoughts and choices, especially when no one is around to hold you accountable.

Your behavior shows your character. It can be good or bad, strong or weak, and it is totally up to you. You can't blame your friends, your parents, your school, or your circumstances.

Nobody else can make -- or break -- your character. It is entirely made up of your own choices. You have to own --and take charge of--your weak points, and take your own steps to improve. It's up to you.

The great thing is, since it IS up to you, that YOU CAN change it.

Let's get started....



Originally conceived by Emperor Qin Shi Huang (c. 259-210 B.C.) in the third century B.C. as a means of preventing incursions from barbarian nomads into the Chinese Empire, the Great Wall of China is one of the most extensive construction projects ever completed. The best-known and best-preserved section of the Great Wall was built in the 14th through 17th centuries A.D., during the Ming dynasty (1368-1644). Though the Great Wall never effectively prevented invaders from entering China, it came to function more as a psychological barrier between Chinese civilization and the world, and remains a powerful symbol of the country's enduring strength.<sup>1</sup>

## A PERSON WITH STRONG CHARACTER IS:

- COMPASSIONATE
- HONEST AND FAIR
- SELF-DISCIPLINED
- DETERMINED
- RESPECTFUL
- RESPONSIBLE
- COURAGEOUS

# CHARACTER EXPLORATION... PACKED & READY?



Before we plunge into this long hike, let's recap and take a little inventory. Below, describe each element of C.H.A.S.E. in your own words, then give one very

specific example (for each) of how you can make it work for YOU. You may use a separate piece of paper or a journal.



**CHARACTER**

SAMPLE

**HONOR**

SAMPLE

**ACCOUNTABILITY**

SAMPLE

**SACRIFICE**

SAMPLE

**EXCELLENCE**

SAMPLE

# WHEN FRIENDS & ENEMIES COLLIDE



## UNIT 1, LESSON ONE

### THE STORY

During lunchtime at school, Ashley usually sat with her friends at a table in the front of the lunchroom. One day, Ashley stayed after a few minutes in her English class to discuss some homework with her teacher. Two of her friends walked ahead. As the girls went down the hall, they began calling Anita, another classmate, ugly names.

Anita never seemed to fit in with these girls, so they were always teasing her. This time, they threatened to beat her up if she didn't hand over her lunch money. Anita refused, so one of Ashley's friends pulled Anita's hair and tripped her.

When Ashley finally came around the corner, the girls ran off. She was just in time to see her friends hurrying away. There, sitting on the floor in the hall, was Anita, crying with a badly skinned elbow from the fall.

Ashley knew that her friends liked to tease Anita, and they always urged Ashley to join in. That was bad enough, but now they had gone too far. It was time to do something about it.

Dropping her books, Ashley rushed to help Anita up. Putting her arm around Anita, Ashley helped her walk to the nurse's office, ready to face the challenges she knew awaited her—the principal was sure to ask questions!



### WHEN IS IT BULLYING?

Bullying is being mean to another kid over and over again. Bullying often includes:

- Teasing
- Talking about hurting someone
- Spreading rumors
- Leaving kids out on purpose
- Attacking someone by hitting them or yelling at them

Bullying does not always happen in person. Cyberbullying is a type of bullying that happens online or through text messages or emails. It includes posting rumors on sites like Facebook, sharing embarrassing pictures or videos, and making fake profiles or websites.

Kids bully others for many reasons, they may:

- Want to copy their friends
- Think bullying will help them fit in
- Think they are better than the kid they are bullying

Bullying is never ok. Those who bully use power to hurt people. Power does not always mean bigger or stronger. Power can also mean popular or smart. Or, the kid doing the bullying may know a secret about the kid being bullied.

Kids who bully can have other problems, too, even when they get older, like using alcohol and drugs, getting into fights, and dropping out of school.<sup>2</sup>

FIND OUT MORE AT [STOPBULLYING.GOV](http://STOPBULLYING.GOV)

# GROUP CHAT

1. How did Ashley show courage?

---

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---

---

2. Why was it difficult?

---

---

3. What was she risking?

---

---

---

4. In what ways did she back up her decision, by taking responsibility for the situations that came out of her decision?

---

---

---

---

## FAMOUS WINNERS: BULLIED AND REJECTED

Did you know that Dr. Seuss' first book was rejected? Critics declared Oprah Winfrey "unfit for television"? Thomas Edison, inventor of the light bulb and numerous other innovations, was labeled as a loser in school, "too stupid to learn anything". Did you know Steven Spielberg was rejected from the University of Southern California School of Theater, Film and Television three times?

Famous people who were bullied in school: Chris Rock, Justin Timberlake, Sandra Bullock, Tiger Woods, Tom Cruise...even Prince Harry! Don't let anyone make you think you're a loser. Like all these other critics, haters, and bullies, they don't know what they are talking about.



Ashley will have to deal with cleaning up several relationship messes, and face some consequences, because she finally took up for her friend Anita. Are there some challenges like this that you have been avoiding? What will you do? alternate question: If you were Ashley, what would you need to do?

SAMPLE

SAMPLE

SAMPLE

SAMPLE

SAMPLE

SAMPLE

SAMPLE

SAMPLE

Sometimes making better choices means choosing different friends, but first try to persuade them to make better choices, too. What are some ways that you can do that?



# BUILDING YOUR CODE OF HONOR: ONE DISCOVERY AT A TIME.

As you go through each section, you will pick up a piece of something important about character, much like you would pick up interesting rocks or leaves along a nature trail.

Write one very thorough, clear, strong sentence at the end of each session...all of these will be put into a collection at the end, that will make up your whole Code of Honor.

Think carefully about the story, and about what good character means, when it comes to how we treat others.

What should be the very first line of your Code of Honor? WRITE IT IN THE "CODE OF HONOR" SECTION ON PAGE 132



## CHASE CHECKPOINT: GET THIS!

ALWAYS DO THE RIGHT THING, EVEN WHEN IT'S NOT POPULAR. YOU MIGHT LOSE SOME SO-CALLED FRIENDS, BUT YOU WILL KEEP YOUR CHARACTER—AND THE FUTURE YOU WANT.

E U E S S Y D S F R I E N D S R R Z C H  
I L D N R I S C A E C N E U Q E S N O C  
M S B V E E U U I G P F Q E L T T J U O  
J J F I N M J Z P J J Y J A S C Z R R R  
N G C D S I I X J S V R T T D A Q L A V  
A O N R R N C E L Q O I W D G R B E G T  
V I I C F H O P S N O V Y J G A V E E C  
K C I T O S O P O N R I S K S H H N V K  
L I H I C M Y H S R Y Q F Y F C T Z X A  
W P C X Y A L H Z E G N I K A T U O O B  
F E Z M H V I L M K R I L Y U X R Q R S  
E H V D I P R H D R C B C C U D T S D K  
L Q Y L S E Y T G H I O X F C Z T W X I  
S C A C L X T P E M F T A B I J U F U L  
O K U S X U P W F C L H D Z Y S Q O G T

- ACTION
- CHARACTER
- CHOICE
- CONSEQUENCE
- COURAGE
- ENEMIES
- FRIENDS
- HONOR
- KINDNESS
- RELATIONSHIPS
- RESPONSIBLE
- RISKS
- TRUTH

*Many times, the solution to a problem is right in front of us, but we choose to look the other way. It's easier.*

*Doing the right thing is hardly ever the easiest thing to do. It's not for cowards, and it's not for the weak or lazy character. It takes guts.*

*It also takes looking beyond the everyday stuff we are used to, to find out what the right thing is. Think about that, as you search for answers in the word find, here, in this drill to sharpen your search skills.*

**MISSION: POSSIBLE**

# GUTS OR GLORY?

## THE STORY

Several days before a big football game between rival teams, five players on the Bears team were involved in a car accident, and one of them was killed. The small town mourned his loss, but the team and coaches decided to go ahead and play the game in honor of their friend and teammate.

During the game, the score was heavily leaning toward the Cougars. The Bears played hard, but without several of their best players, along with their heavy hearts, they weren't fully in the game.

The Cougars coach didn't expect the ball to be kicked so deep, and John, one of the Cougars, got caught up in the moment and broke a couple of tackles. The growing cheers on the Cougar's side settled to a murmur as he suddenly slowed at the 10-yard line, and at the 2-yard-line, he backed up and took a knee. Within just a few silent seconds, his teammates stopped and took a knee, too.

Later, John told his coach about the moment he realized it was enough. It was not easy to hold back from making that other touchdown, but as he broke through the defensive line, he caught a glimpse of the beatdown expressions behind the other boys' facemasks. "I just didn't have the heart to heap more humiliation onto their defeat," he said. "We had won fair enough, and it was enough."



## UNIT 1, LESSON TWO



### SPORTSMANSHIP & HONOR

Sportsmanship and good character are like contact sports and bruises -- you just can't have one without the other. In the rough and tough world of sports -- for boys and girls -- sometimes players cross the line. Coaches and parents do, too.

It seems every league, from pee-wee to pro, has been caught up in the idea that winning is all that matters. ...no matter how you get there, fouling your way all the way down the field, injuring everybody you can possibly hurt, flinging awful language at each other, and every other kind of dishonorable act you can think of...

The problem with winning at any cost is this: you start to get into that attitude about everything. People who think that way will cheat on tests to pass a class, steal to get what they want, bully to get their way, and lie to make themselves look good. There's just no end to the trainwreck you can make of your life, when you discard every other valuable thing and person in your life, just to achieve.

Someone once said that playing sports doesn't build character - it reveals it. If you're a sore loser, or always on the bench for breaking the rules, you'd better check yourself, before you wreck yourself.

**Sportsmanship:**  
(noun) sports-man-ship  
conduct (as fairness, respect for one's opponent, and graciousness in winning or losing) becoming to one participating in a sport

# GROUP CHAT

1. How did John's sportsmanship show good character?

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2. How did it make him a leader?

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3. Why did he do it?

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4. Have you ever had to give up something, like a big win, or taking credit for something, to help someone else?

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Sometimes the BIGGER thing to do, is to give up something you really want to show compassion for others. Compassion is caring enough to take action -- because you can almost feel their pain. What parts of CHASE come into play here?

Talk about at least one very specific opportunity you may have to show compassion for others. What should you do? What would you say? What's your motivation?



## PASSION VERSUS OBSESSION

We love to win. We love to be the favorite, the best, the smartest or prettiest or whatever is most important to us. It's good to have a passion for being the best. That is what drives you to make a difference -- it is a good thing. When it turns into an obsession, however, you no longer have IT, IT has YOU. Keep your life in balance by making sure you think about others, and invest in them as much as you do your passion.

# CODE OF HONOR

Think carefully about the story, and about what good character means, when it comes to how we value "getting" over "giving."

What should be the very next line of your Code of Honor?



WRITE IT IN THE  
"CODE OF HONOR"  
SECTION ON  
PAGE 132

"COURAGE IS THE MOST IMPORTANT OF ALL THE VIRTUES, BECAUSE, WITHOUT COURAGE, YOU CAN'T PRACTICE ANY OTHER VIRTUE CONSISTENTLY"  
— MAYA ANGELOU



# MISSION POSSIBLE

With all the cheering, and the rush of winning, it's easy to get caught up in the moment and forget what's important.

Over, and over again, you've seen superstars and champions leave their families and true friends behind in a cloud of dust, and treat "ordinary people" like they don't mean anything at all. That's because they've become so focused on themselves, on how awesome they are, that they have forgotten to value others.

With winning comes a sense of pride, and that's natural, but don't let it grow into that great, big obnoxious type that is careless about everyone else. Take the time to think about how, standing in the spotlight, you can take the joy of that moment and share it with someone else. It won't cut your accomplishment in half -- it will double it!

Now, use the clue letters to figure out the cryptogram at the right. Can you decode the quote by author Thomas Merton about a major character flaw called pride, and its opposite trait, can change you.

A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z
25											19					6	18								

P R E A E A R A L  
 6 18 24 14 23 4 25 13 23 21 1 21 25 18 26 24 3 24 8 24 25 19  
 A L  
 25 10 14 16 1 4 24 19 24 26 15 4 25 13 23 21 1 21 18 23 25 19  
 R E A L .

## CHASE CHECKPOINT: GET THIS!

DOING THE RIGHT THING, BECAUSE IT IS THE RIGHT THING TO DO, WILL KEEP US FROM HURTING OTHERS.





### THE STORY

One Saturday morning, Alex and his mom walked home from the store. Alex spotted a \$20 on the sidewalk in front of the bank, then another, then another. As Alex gathered up the five 20s, he held them in his hand and stared at them. He had never held so much money at one time before, and he liked the feeling.

"What should we do with that money?" his mother asked.

"Give it back," Alex said sadly.

He had already decided what to spend that money on when his mom's question made him question himself – and to realize that the right thing to do was give the money back.

The two walked into the bank and explained to the teller what they had found. After she checked, she told them that a woman had come to the ATM and had withdrawn some cash, but the wind must have caught it and blown it away.

The woman told the bank that the ATM didn't give it to her, so she was given cash to replace what she claimed she had not received.

"You did the right thing, Alex," the bank president told him. "This money isn't the bank's - it really belongs to the people who trust us to take care of it." Alex realized that it would have been dishonest for him to keep the money, especially when it was so obvious where it came from.

Going over the whole thing in his mind that night, he kind of regretted not being able to spend it, but he he knew he would have regretted keeping it a lot more, for a lot longer, once he realized the right thing to do.



### FINDERS, KEEPERS...?

If you find something that's obviously lost, you may be bound by honor -- and the law -- to attempt to find the property's true owner.

If you found an item at school, the gym, or other business, chances are, they have lost and found procedures. Turn in the item to an adult who works there.

If you find it on the street, in the park, or some other public place, you should begin by notifying the local police department or, in the case of an animal, the local animal control authority.

If you find something of value, you may wonder whether you can keep it if the original owner can't be located. Laws vary from state to state, and you may not be entitled to keep the found item...Your local police department can tell you whether you can keep an item if it remains unclaimed.

Try to put yourself into the shoes of the person who lost the item. They are probably eager for its return, so you may want to take some extra steps to help reunite them with their lost item.

Can you put up fliers around your neighborhood or place a free notice in your local newspaper? You may not get a reward or even a thanks, but it's still worth the effort.<sup>3</sup>





# DO SOMETHING.

## THE STORY

"OK that was a grown up move," wrote a facebook poster in the caption to a video clip.

"Kid was getting bullied and ragged on about his shoes... so another student bought him some LeBron's [Nike shoes] the next day."

That's just one of many comments on a FaceBook video that went viral (it has over seven million views so far).

One day, a boy named Yaovi came home from school really upset.

"I spotted a kid in my French class earlier today at school with these on, only because this other guy was making fun of him," said his Facebook post, with a photo of some shoes with big holes in the bottom. "So, I'm planning on giving him a pair of concord lows, now my question is how do I present it to him without him feeling like I feel sorry for him? I'm just trying to help a brother out."

Determined to do something about it, Yaovi went to his mom for help. They bought the boy, named Jared, a brand new pair of LeBron James shoes.

"Jared's a good guy," Yaovi said to a news reporter later. "He comes to class and doesn't bother anyone."

Of course, his new friend was grateful for this kindness. Yaovi didn't just feel sorry for the boy, or even just try to stop the kids from making fun of him. He went even farther – he solved a problem for the boy, who really, desperately, needed a pair of shoes and could not afford them.

Even LeBron said something about it.

"You're going to great places, kid, for your generosity towards him," the NBA star wrote on Instagram, and shared the video.

"True leadership right there!"



## UNIT 1, LESSON FOUR



### COMMUNITY, CHARACTER AND COMPASSION

Feeling sorry for someone means you have a heart, but doing something about it means you have real characater. Compassion drives us to step out and do something for someone else. It's not just wishing things were different -- it's having the courage to make things different. This is what the life stories of heroes' histories and today's world-changers are made of -- making a difference.

There is a story about a man who was walking along the beach and saw a kid, from a distance, flinging something in to the ocean, over and over. As he got closer, he saw that she was picking up starfish from the shore, where they were dying in the sun, and tossing them back into the ocean. "Why are you wasting your time?" the man asked the girl, who was dripping sweat, red-faced and exhausted. "Millions of starfish die like this every day...there are hundreds, right here..you can't possibly make a difference."

She turned to him, smiling, but with a serious, piercing look in her eyes before stooping down, picking up another starfish, and tossing it out into the waves. Turning back to him, she said "It made a difference to that one!" and ran up the shore to find some more.

#### Compassion:

(noun) [kuh m-pash-uh n] a feeling of deep sympathy and sorrow for another who is stricken by misfortune (bad circumstances), accompanied by a strong desire to alleviate (help to take away) the suffering.

# GROUP CHAT

1. Talk about the difference between knowing you should do something, and actually taking responsibility to make it happen.

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2. How does this make you a leader?

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3. Now, let's think a little deeper - at motives. Those are the reasons people do things. It's actually possible to do good things for others -- to do the right thing - for the WRONG reasons. What might some wrong reasons? What's wrong with them?

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In your own words, explain what Will Smith means. How does it make your life better?

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1. IDENTIFY something you could do to help someone specific in your school or neighborhood. 2. PLAN a SMART Goal to make it happen. 3. WRITE about what happened when you did something to make a difference.



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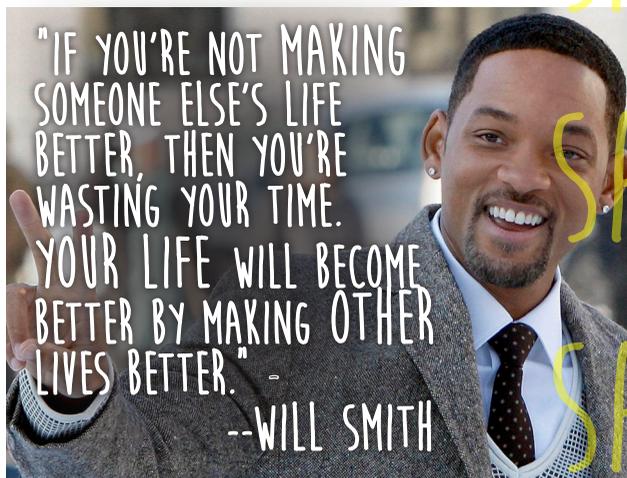
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# CODE OF HONOR

Think carefully about the story, and about what good character means, when it comes to how we value "getting" over "giving."

What should be the very next line of your Code of Honor?

WRITE IT IN THE  
"CODE OF HONOR"  
SECTION ON  
PAGE 132

"NO ACT OF  
KINDNESS,  
NO MATTER HOW SMALL,  
IS EVER WASTED."  
--AESOP



CHASE  
CHECKPOINT:  
GET THIS!

EVERYONE IS AFRAID TO FAIL,  
BUT THE BIGGEST FAILURE OF  
ALL IS TO SEE A CHANCE TO DO  
SOMETHING GOOD FOR  
SOMEONE, AND NOT DOING IT.

# MISSION POSSIBLE

Even when everyone else is doing the wrong thing, if you dare to do the right thing, you can make a real difference.

Cross out all hidden words from the list, the copy all the remaining letters below to reveal the secret message about how your character is really revealed.

- ACCOUNT-ABILITY
- ADULT
- AUTHORITY
- CHARACTER
- CHOICES
- COURAGE
- DECIDE
- DISCUSS
- EXCELLENCE
- FRIEND
- HELP
- HONOR
- INTEGRITY
- PROBLEM
- RIGHT
- SACRIFICE
- TRUST

K N O W E I A R P L E H F C L  
E D G E C W N U I I L L R H S  
G D E C I D E T T G I V I O S  
E Y O U F P T O E H H R E I U  
W E R B I U T S C G O T N C C  
H A R A R C T E U N R R D E S  
R R E S C P E C O R T I I S I  
R E T C A R A H C H T F T T D  
X X I U S E G A R U O C F Y Y  
Y T I L I B A T N U O C C A V  
D X E X C E L L E N C E O A Z  
A N Q P R O B L E M T L U D A

THE SECRET MESSAGE:

"\_\_\_\_\_ / \_\_\_\_\_ /  
\_\_\_\_\_/ \_\_\_\_\_ / \_\_\_\_\_,  
\_\_\_\_\_,/  
\_\_\_\_\_."

--Bruce Lee, famous Martial Artist



### THE STORY

Maggie and Leo worked every day after school at a local fast-food restaurant. Most days, Maggie left before Leo, and he was in charge of making sure the grills were turned off before everyone left the building.

Wednesday evening, Leo had to leave early to pick up his little brother, and Maggie assured him that she would make sure all the grills were turned off. He trusted her to get the job done and left.

When the manager came in to open the restaurant Thursday morning, he saw that one of the grills was still on, which is a violation of company policy and is punishable by termination.

When Leo arrived at work after school, the manager angrily called Leo into his office. Because Leo knew it was his responsibility, he didn't tell the manager that he left Maggie in charge of the grill.

The manager had to let Leo go. About an hour later, Maggie arrived and prepared for her shift. "Where's Leo?" she asked a coworker.

"He got fired today for not turning off the grill last night."

Maggie stood there in her silence. Thankful that Leo didn't tell on her, Maggie continued to work. Later that night, Maggie was having a difficult time sleeping. She kept thinking about Leo. She knew that Leo needed that job more than she did. He lived with his mom and little brother, and he had to use his income to help his mom with groceries and rent.

The next afternoon, Maggie went into her manager's office and explained to him that Leo had an emergency and had to leave. He had trusted her to make sure everything was turned off and she had let him down.

The manager commended Maggie for her honesty, but he had no choice other than to let her go. She understood the consequences, but she felt so much better for telling the truth. Leo came back to work the next day.



### ETHICS AT WORK

Over the past twenty years, as honor has somehow faded into the background of popular culture and every life, corporations around the world have discovered they actually need to teach and train their employees how to be honorable. They call it "Ethics training."

Ethics at work may include everything from less than best efforts, to total dishonesty, theft, and so on.

When you get your first job, you'll see that having honor will make you stand out from your competitors. If you have honor, you will arrive early or on time, every time you're supposed to be there, and you'll stay until you're cleared to leave. You'll work harder than your peers, do a better job, with a better attitude, and your boss will notice.

As a result, you will be promoted faster, and get more raises, more awards, and will emerge as a leader that the company will value.

You can start refining--and perfecting--your honor right now, and put it into practice as a student, as an athlete, an artist or musician. You will begin to see the results of a "good work ethic," and you will be way ahead of every other condender when you sit down for your first job interview.

**Ethic:**  
(noun) [eth-ik]  
the body of moral principles or values (a set of beliefs that decide what's right and what's wrong) governing (setting the rules for) a particular culture or group.

# GROUP CHAT

1. Discuss and compare the long-term consequences of Maggie's choices: keeping her job or telling the truth. What would she give up, with each choice? What would she gain, with each choice?

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2. Leo was really the hero in this story, first. He could have blamed Maggie up front for failing to turn off the grill, but he covered for her and took responsibility for the task. Why was this honorable, too?

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3. Sometimes you can cover for your friend; and sometimes you just can't. Why?

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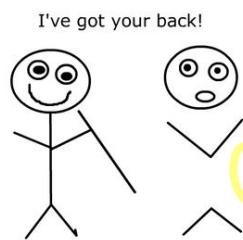
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## "I'VE GOT YOUR BACK"

On the field, at work, in combat, in life...when someone says "I've got your back," it means they are covering for you, to keep you from harm. With soldiers and police officers, it literally means they are guarding behind you against threats you can't see. In the workplace, it means they are looking out for you, ready to help if you make a



SAMPLE

SAMPLE

SAMPLE

SAMPLE

SAMPLE



SAMPLE

SAMPLE

SAMPLE

Have you ever allowed someone else to take the blame for something you did? Think through that decision, its consequences to you and others, and how you feel about it now.



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How would your story have ended, if you had done the honorable thing, instead?

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Is there something you can do about it now, to make it right? What would you do? Talk to your [ACCOUNTABILIBUDDY \(SEE P13\)](#) about this, and make a plan together to do what you think you should do.

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# MY CHARACTER

# MY FRIEND'S CHARACTER

CODE OF HONOR

Think carefully about the story, and about what good character means, when it comes to taking responsibility for our actions.

What should be the next line of your Code of Honor? WRITE IT IN THE "CODE OF HONOR" SECTION ON PAGE 132



## CHASE CHECKPOINT: GET THIS!

THE TRUTH HAS A PRICE. IT'S WORTH WHATEVER IT COSTS YOU, BUT IT SHOULD NEVER BE FOR SALE.

There were some tough decisions in this story, on all sides: Maggie, Leo, even their boss, who had to make them accountable for a dangerous mistake.

Decisions like that aren't made in a split second. We have to take time to add up the consequences, filling in missing pieces to the equation, figuring up the right, and least damaging, thing to do. Kind of like this challenge:

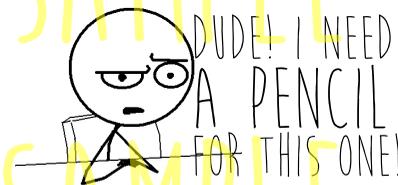
Fill in the blanks to make the missing numbers add up to the total on the right.

**CLUES:**  
The missing numbers are integers between 0 and 9.

The numbers in each row add up to the totals to the right.

The numbers in each column add up to the totals along the bottom.

The diagonal lines ALSO add up to the totals at the right!



8				21
		7		16
7	6			25
				24
	6	6		17
29	21	20	12	19

MISSION: POSSIBLE

# A PROBLEM SHARED...

## THE STORY

Each day, Duncan saw a boy in the lunchroom who ate everything on his tray. Other kids would sometimes offer him their leftovers, and he sometimes wrapped them up and put the food in his backpack. Because Duncan had plenty of food at home, he didn't understand how this boy could be so hungry that he would pack up other kids' leftovers for later. One day, he decided to sit next to the boy (he found out his name was Chris) and got up the nerve to ask him about it.

"My mom works nights, and I'm home alone," said Chris. "Most nights, there isn't much to eat for dinner, so I pack this food up and take it home for later."

Duncan never really thought about whether or not everybody had a mom or dad home every night to make dinner. Later that night, he told his mom about the boy's problem.

Every day for weeks, with his Mom's help, Duncan would bring two sandwiches, two drinks, two desserts and quietly shared them with Chris (he didn't want to make a show of it, so he never told anybody else about it).

A couple nights a week, Duncan invited Chris home with him to help him with his homework and make sure he had a hot meal. As the boys became good friends, they talked about the other kids who might not have dinner every night, or food for the weekends. They made a plan to speak with the school counselor and the principal about starting a food pantry for kids to get food to take home with them on Friday afternoons for the weekend.

Everyone thought it was such a good idea that they began asking other parents to donate food items. Before long, this little idea became a school-wide effort that solved a very serious problem. Now, there were no children going home from school hungry.



## UNIT 1, LESSON SIX



### "STONE SOUP" LEADERSHIP

An old fable goes like this:

A man wandering through a foreign land found a little village one day, and was desperate for something to eat. As he went around town, offering to pay or do some work for a meal, he found out the village was having a food crisis of its own. It seems everyone was almost starving, though each household had a little bit of this and that...not enough to make a real meal, and none of them had thought about helping each other.

So the guy borrowed a very large soup pot, made a campfire in the middle of the town square, and started boiling a pot of water. Into he plopped two or three big, smooth stones from the river, and sat there, stirring it, as the villagers watched.

"What are you doing?" asked the Mayor.

"I'm making stone soup," he answered.

"Stone soup??" "What is that?" "Yuck!" all the bystanders commented.

"You know what would make this even better?" the stranger asked them. "Some carrots!"

"I have some carrots!" said one villager  
"..and some onions." added the stranger.

Someone else had a few onions. And someone else had every other thing he suggested, one at a time -- potatoes, salt and pepper, some sausage, some peas, until, at last, he stood there, stirring a giant and awesome-smelling stew -- enough to feed all the people in the tiny village!

You see, they had the ability to help each other through this crisis all along, they just didn't recognize it. It took a leader to gently, but effectively, show them that if they worked together as a community, instead of struggling alone, they could survive, and solve their problem together.

#### Community:

(noun) [kuh-myoo-ni-tee]

a social group of any size whose members reside in a specific locality, and usually under common rules.

# GROUP CHAT

1. What Duncan did for Chris was out of compassion, not pity. What's the difference?

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2. How do you think Duncan approached Chris and his problem, without embarrassing him? What did he probably say? Talk about some good ways to help people, while being aware of their feelings and the fact they may want to keep their problems private.

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3. Have you ever had a friend or classmate with a problem that you could have helped solve?

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## GET THE FACTS: HAVE THE ANSWERS

Many times, we have problems that already have solutions in place, we just don't know about them. For instance, does your town have a homeless shelter? A community food pantry? Is there a number someone can call if he or she is being abused at home? What about help with buying school supplies, getting access to tutoring, or other everyday needs? Ask your school's office or your town hall about these things, so when someone you know needs help, you'll be ready with the answers.

Wishing things were different, and actually making a difference -- that's what makes you a leader. We are defined by—and known by—what we do, not what we feel we should do. Can you think of some examples?

What is something you wish you could do something about? YOU might be able to connect people to solutions, like the guy in the stone soup story. Think of a real-life, current situation like the stone soup story, and retell it your way.

What is something you wish you could do something about? YOU might be able to connect people to solutions, like the guy in the stone soup story. Think of a real-life, current situation like the stone soup story, and retell it your way.

What is something you wish you could do something about? YOU might be able to connect people to solutions, like the guy in the stone soup story. Think of a real-life, current situation like the stone soup story, and retell it your way.

What is something you wish you could do something about? YOU might be able to connect people to solutions, like the guy in the stone soup story. Think of a real-life, current situation like the stone soup story, and retell it your way.

What is something you wish you could do something about? YOU might be able to connect people to solutions, like the guy in the stone soup story. Think of a real-life, current situation like the stone soup story, and retell it your way.

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# "YOU CAN JUDGE A MAN'S TRUE CHARACTER BY THE WAY HE TREATS HIS FELLOW MAN."

--PAUL MCCARTNEY

## CODE OF HONOR

As we come to the end of the CHARACTER section, think about anything that might have been left out of your code of honor,

involving what it means to have CHARACTER.

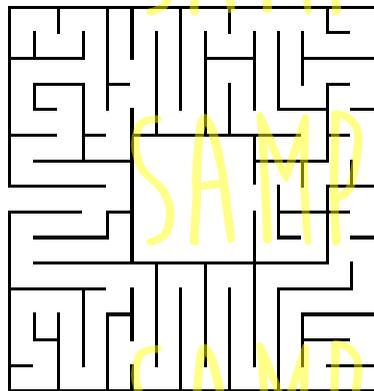
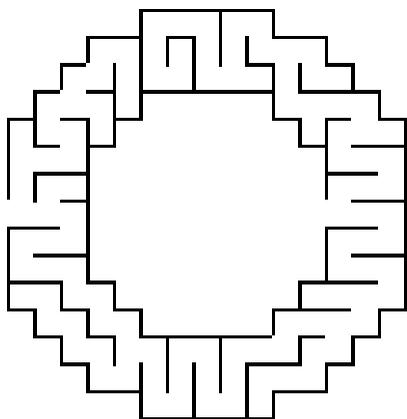
What should be the next line of your Code of Honor?

WRITE IT IN THE "CODE OF HONOR" SECTION ON PAGE 132



## CHASE CHECKPOINT: GET THIS!

CHARACTER TAKES STRENGTH AND COURAGE. IF YOU REALLY WANT TO CHANGE THINGS, YOU HAVE TO GET OVER THE SHYNESS, GET OVER THE EMBARRASSMENT, GET OVER THE DIFFICULTY, AND GET GOING.



*Life is a series of problems to be solved, one after another, after another, after another...*

*There are little ones, and bigger ones. The only difference is the bigger ones require more courage to get all the way through.*

*It's like a sprint, compared to a marathon.*

*A short walk, compared to a hike.*

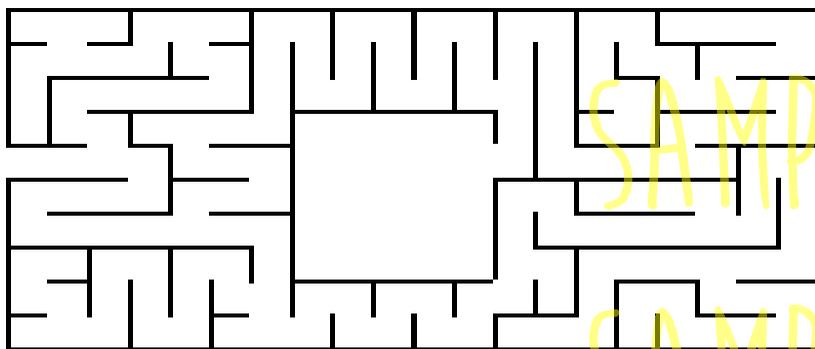
*Climbing the stairs, or climbing a mountain.*

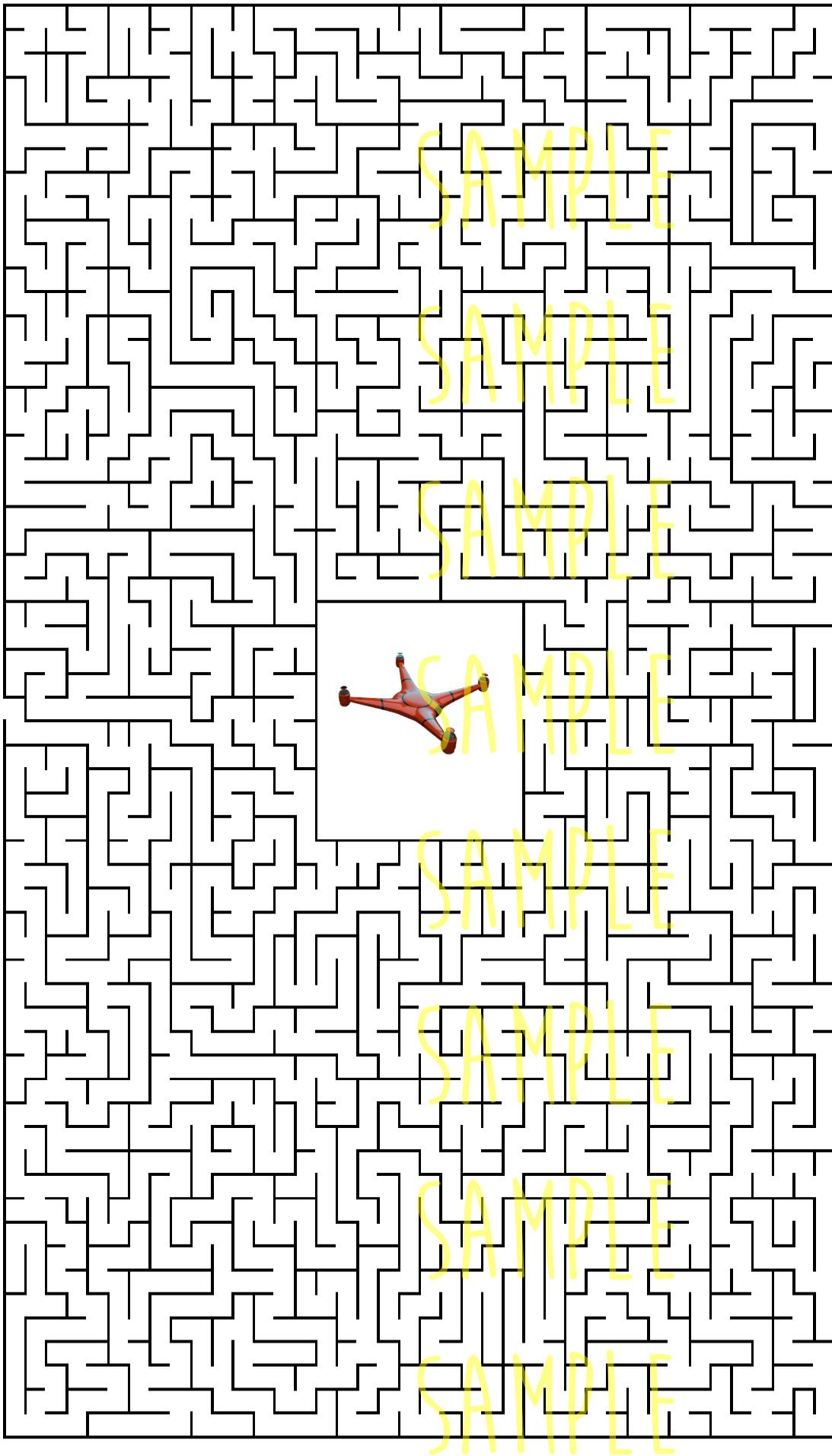
*Identify 3 small challenges you are personally facing right now, and write them in the middle of the breakout mazes.*

*Can you beat the BIG challenge (at right) as well as the little ones (at left) ?*

*Think of one word that describes your biggest personal challenge, and write it in the middle of the BIG breakout maze on the right.*

**MISSION: POSSIBLE**





USE THIS SPACE TO THINK ABOUT YOUR BIGGEST PERSONAL CHALLENGE. LIST SOME WORDS, OR DOODLE SOME IMAGES, THAT DESCRIBE THE PROBLEM, THE PROCESS AND THE SOLUTION -- YOUR FINISH LINE!